

South America The Grand Tour

13th September 2020
19 Days from £4995pp*

Follow in the footsteps of the Incas and join David on an epic tour of South America, exploring iconic sights in Peru, Bolivia, Brazil and Argentina, visiting the Sacred Valley, Iguazu Falls, Machu Picchu, Lake Titicaca, Rio de Janeiro & much more



For more information about this departure please contact:

Regent Travel - 01785 818202

www.regent-travel.co.uk 63 High Street, Stone, Staffordshire ST15 8AD



Lead price advertised based on a standard twin/double room. Regent (ABTA 89283) act as agent for Cox & Kings (ATOL 2815, ABTA V2999), and all bookings are subject to their booking conditions, which can be found in their brochure (copies available in Regent store) or on their website, www.coxandkings.co.uk. Itinerary & prices advertised are correct at time of going to print but our itineraries are prepared in advance of travel dates therefore Regent reserve the right to make any changes necessary (E&OE). Itinerary advertised is subject to change or cancellation dependent on weather conditions, political climate and suchlike. Flight bookings are not issued until approx. 11 months prior to departure and prices, dates and timings are subject to fluctuation and change until this time. Regent will confirm all flight timings and available upgrades prior to departure date. Regent Travel are GDPR compliant. Regent Travel do not accept balance payments via Credit Card (only for deposits up to the value of £500). Booking offers subject to Regent discretion. Leaflet issue 1 - 07 November 2018 - RA.

Regent Highlights

- Fully escorted by David Barrett (subject to minimum numbers)
- Return Economy flights with British Airways
- 18 nights accommodation in a variety of 4* and 5* hotels
- 19-day tour of South America, including Peru, Argentina, Brazil and Bolivia
- FREE return airport transfers from local departure points (ask in store for details)
- Selected meals included as per itinerary (B = Breakfast, L = Lunch, PL = Packed Lunch, D = Dinner)
- Experience the incredible sights of Lima, Cuzco, Buenos Aires, Rio de Janeiro & more
- Visit the iconic UNESCO World Heritage Site of Machu Picchu in Peru
- See both the Argentinian and Brazilian sides of beautiful Iguazu Falls
- Visit Lake Titicaca, sacred to the Incas and a place of myth and legend

Premium
Economy Flight
supplement
available on
request



Women in Bolivia



Toucan in Brazil



Machu Picchu

Your Itinerary

Sunday 13th September 2020

Our adventure begins with a direct British Airways flight from London Gatwick to Lima. Lying on the Pacific coast, Peru's capital of Lima is home to the country's finest monuments - a cultural hub of delicious cuisine and great nightlife. Known as the 'City of Kings', the area was built in the style of aristocratic Spain, with ornate architecture, grand mansions, large plazas and broad avenues bringing colonial charm. Arriving in Lima we transfer to **4* Casa Andina Premium Miraflores**, our home for the next two nights. Evening at leisure.

Monday 14th September 2020

Enjoy a morning city tour of Lima. An early start takes us to the local market of Surquillo in the district of Miraflores, where you can see produce from the coast, jungle and highlands including many types of fresh fish and fruit. We continue into Lima's centre, a UNESCO World Heritage Site. Visit the 17th century San Francisco Monastery and see architectural magnificence in its cloisters and catacombs. A short stroll leads us to the heart of the old city and Plaza Mayor, the main square. See the Government Palace and Cathedral as we head to our next stop, Casa Solar de Aliaga, a colonial mansion home to 16 generations of the same family since 1535. Don Jeronimo de Aliaga was one of thirteen Conquistador commanders to arrive from Spain and was given land around the main square to build his house when Lima was founded. The mansion is decorated with ornate antiques and fine furnishings; a delight to explore. Our tour ends at one of the city's oldest taverns, Cordano's, where you can sample Peru's famous 'pisco sour' cocktail. Remainder of the day at leisure. (B)

Tuesday 15th September 2020

We take a short internal flight early this morning, heading from Peru's capital of Lima to the city of Cuzco in the Peruvian Andes, once the epicentre of the mighty Incan Empire. Drive to the Sacred Valley, an Area of Outstanding Natural Beauty backdropped by the snow-capped peaks of the Andes Mountain Range, with the fertile Urubamba Valley in the distance. The area has a wonderful cultural atmosphere created by traditional villages, local markets and ancient Incan sites throughout. Our first stop is at Pisac, gateway to the Sacred Valley and a town of supreme importance in Incan times. Once the site of a mighty fortresses built to guard the capital of the Incan empire, it is now a sleepy hamlet of cobbled streets scattered with quaint red-roofed buildings. Pisac's market takes place daily on the main square and renowned for its vibrancy and traditionally-dressed villagers selling handicrafts. Head to Ollantaytambo, a small town built around a superbly-preserved Incan fortress and once a strategic military, religious and agricultural centre. The fortress once guarded the valley entrance, protecting it from invasion from lower jungles, with the central part of the ruins boasting magnificent Incan masonry in the Intihuatana group of temples. Spend two nights at **4* Casa Andina Premium Sacred Valley**. Evening at leisure. (B)

Wednesday 16th September 2020

Head to the town of Urubamba this morning, with a 2-hour tour of the workshop of potter and ceramicist Pablo Seminario, as we learn how to create a small piece of ceramic art using pre-Colombian techniques. Remainder of the day at leisure. (B)

Thursday 17th September 2020

Today we take the PeruRail Vistadome train through the Sacred Valley to Machu Picchu. Enjoy panoramic windows, air-conditioning and complimentary refreshments on board. One of the new Seven Wonders of the World, this spectacular Incan citadel sits between two cloud-cloaked mountain peaks at an altitude of 2,380 metres. Far below lies the winding Urubamba River and Aguas Calientes town (also known as Machu Picchu Pueblo - pueblo means village in Spanish). First discovered in 1911, the site contains over 200 buildings of perfectly chiselled un-mortared stone, with temples, baths, stairways and altars carved from solid rock. You could enter through the second entrance via a hiking trail (at additional expense, details advised nearer departure date). Enjoy a guided tour of the site and free time to explore (please note that visits are restricted to a maximum of 4 hours). Overnight at **5* Inkaterra Machu Picchu Pueblo Hotel**. (B, PL,D)

Friday 18th September 2020

Morning at leisure. Perhaps book an optional excursion (at additional expense, payable locally) to bird-watch or visit Aguas Calientes hot springs. This afternoon we take the train again, returning to Cuzco. Our home for the next 2 nights is the **4* Casa Andina Premium Cuzco**. (B)

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Cuzco, Peru



Markets in Peru



Lake Titicaca

Saturday 19th September 2020

Enjoy a morning tour of enchanting Cuzco. Once a mighty Incan capital, Spanish Conquistadors tried to mould the city into a more grand colonial style but it is the Incan imprint in arches, doorways and buildings which stands out. Our tour begins at Loreto Alley, a part of the Old Town with remarkable Incan walls. Continue to the 17th-century Santo Domingo Monastery, built on the foundations of the Qoricancha Temple of the Sun. Excavation has unearthed five temple chambers, revealing some of the best Incan stonework in Cuzco. Visit San Blas and its beautiful colonial church, stroll through handicraft shops and native art galleries to the small square and discover local crafts including earthenware, ceramics, wood carvings and textiles. Roam the Old Quarter as we return to the Old Town, passing Hatunrumiyoc Street with its famous 12-angle stone. As in Incan times, the heart of Cuzco is the UNESCO site Playa de Armas. The northern side holds a magnificent 17th-century cathedral, built over the Incan Palace of Viracocha. The high altar is made of solid silver and the retablo behind is a masterpiece of wood carving. The sacristy contains paintings of Cuzco's bishops and a painting of Christ attributed to Van Dyck. See the crucifix of El Senor de las Temblores, seen as a guardian against earthquakes and the object of many pilgrimages. Remainder of day at leisure. Perhaps visit the Pre-Columbian Art Museum or Sacsayhuaman ruins (both at additional expense, payable locally). (B)

Sunday 20th September 2020

Follow the footsteps of the Incas from Cuzco to Lake Titicaca, as we journey on the PeruRail Titicaca train to Puno on the lake's shores. The Incans believed Lake Titicaca to be the centre of the cosmos and the origin of the sun. Our train crosses magnificent scenery, climbing above deep valleys following the meandering Huatanay river. Enjoy a short stop at La Raya, the journey's highest point, and see snow-capped Andean peaks rising over 5,400 metres. We have a 3-course lunch followed by coffee in the observation car, as our route rolls onto Andean plains where vicunas and alpacas can be seen. Overnight at **5* Libertador Lake Titicaca**. (B,L)

Monday 21st September 2020

Stroll to the pier this morning, taking a short boat ride to the Uros Islands of Lake Titicaca, a series of floating islands inhabited by Uros Indians. For hundreds of years the tribe considered themselves owners of the lake and waters and the floating settlements served a defensive purpose as they could be easily moved. We return to Puno to meet our Bolivian guide, before driving to La Paz. En route we visit Copacabana, taking a motorboat across to Sun Island. According to legend, the Incan empire was founded when a golden rod was brought to earth and buried here by Manco Kapac and Mama Oclo, the son and daughter of sun god Inti. Enjoy lunch at Uma Kollu archaeological restaurant before we browse the native handicraft market and see panoramic views of the lake from the Inca Viewpoint. Visit the Inca Staircase and Sacred Springs, said to be a source of eternal youth and happiness, followed by a brief visit to Copacabana town. Continue to Huatajata, stopping at the Andean Roots Eco Village en route, which depicts the history and civilisations of Lake Titicaca. Arrive at **5* Hotel Europa** in La Paz this evening, our home for the next two nights. (B,L)

Tuesday 22nd September 2020

Take a morning city tour of La Paz, past the colourful Witches Market, the Government Palace at Plaza Murillo and San Francisco church. Our drive takes us out of the city to Valle de Luna or 'Moon Valley', where millions of years of geological evolution have created an area of rocks, rifts and unusual peaks rising into the horizon which emulate a lunar landscape. Ride the Teleferico cable car up the mountainside for a birds-eye view of the city. Remainder of the day at leisure. (B)

Wednesday 23rd September 2020

We take an early morning flight from Bolivia to Buenos Aires, Argentina's capital. Enjoy European-style grand avenues, fine wines, delicious paradillas and watch tango artists in the street. Transfer to **5* Alvear Art Hotel**, our home for the next three nights. (B)

Thursday 24th September 2020

Enjoy a morning tour of Buenos Aires, passing the Colon Opera House, 9 Julio Avenue, the widest avenue in the world, and the Obelisk, which commemorates the founding of the city in 1536. Continue to Plaza de Mayo to see the Town Hall, Government House and Metropolitan Cathedral. Visit La Boca, an Italian-style district where you can watch tango dancers. Our tour continues to the port area, Palermo Chico residential district and Palermo Park, ending in the elegant district of Recoleta - the burial place of Eva Peron, former film actress, feminist activist and First Lady of Argentina. Remainder of day at leisure. (B)

Friday 25th September 2020

Enjoy a full day at leisure to explore the city as you wish. Perhaps enjoy a traditional tango show or visit a local museum. (B)

Saturday 26th September 2020

Say goodbye to Buenos Aires with an early flight to Iguacu. Enjoy a guided tour of the Brazilian side of Iguacu Falls and see the waters plunging into the river below. Stroll along the paved walkway through atmospheric jungle mist, hearing rumbling waters in the distance with lush vegetation from palm and bamboo trees to lianas, orchids and begonias. The path leads to the top of the Falls, where you can enjoy stunning views. Spend the next two nights at **4* Melia Iguacu** hotel on the Argentinian side of the Falls. Evening at leisure. (B)



Tango in La Boca



La Paz, Bolivia



Iguacu Falls

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Rio de Janeiro coastline



Wildlife in Rio



Cable Car in Rio



Corcovado Hill

Itinerary Continued...

Sunday 27th September 2020

Enjoy a full day at leisure to relax and explore the Argentinian side of the Falls at your own pace. (B)

Monday 28th September 2020

Transfer from our hotel to the airport on the Brazilian side of the Falls this morning, as we fly to Rio de Janeiro in Brazil. Considered one of the world's most beautiful cities, Rio is set on granite outcrops, backdropped by lush forests and golden beaches. Portuguese and French influences have left a wealth of history, cuisine and colonial architecture. Sweeping beaches such as the famous Copacabana provide the ultimate relaxation. Upon arrival we transfer to our next hotel, the **4* Windsor California**, our home for two nights. (B)

Tuesday 29th September 2020

Enjoy a full day city tour, seeing Rio's main beaches of Copacabana, Ipanema and Leblon and taking a cable car at Praia Vermelha. From here a succession of two cable cars takes us to the 400-metre summit of iconic Sugar Loaf Mountain. See the city's sweeping coastline of modern skyscrapers curling around dark green forested mountains and azure bays across to the world-famous statue of Christ the Redeemer standing on Corcovado Hill. Our tour continues with a scenic drive past Rodrigo de Freitas lagoon to the foot of Corcovado Hill. Reach the summit from Rua Cosme Velho via a cog railway, a great feat of engineering when it was built in 1884. The view of Christ the Redeemer from here is simply stunning. See Niteroi Bridge in the distance as we return to our hotel. Evening at leisure. (B)

Wednesday 30th September 2020

Enjoy a full day at leisure or join an optional excursion (at additional expense, details to be advised nearer departure date) to Tijuca rainforest to see native wildlife, the botanical gardens or Rio's old town centre. We transfer to the airport late afternoon for our overnight flight home. (B)

Thursday 1st October 2020

Arrive at Heathrow airport early this afternoon, with beautiful memories of an outstanding tour.



Rio's Botanical Gardens



Rodrigo de Freitas lagoon



Wildlife in Rio



Copacabana Beach

£4995 per person - Twin/Double Room £1395 - Single Supplement
£175 per person - Twin/Double Room Upgrade* £335 per person - Single Room Upgrade*

*Room upgrades include a room with a view of Iguacu Falls at Melia Iguacu Hotel (other rooms have a jungle view), and Superior Executive Ocean View Rooms at the Windsor California Hotel in Rio, with views over famous Copacabana Beach.

A deposit of £300pp is required to reserve your place on this tour**

**A non-refundable part-payment is also due by 13th August 2019. This will be an amount of £700 per person if booked in a twin/double room or an amount of £980 per person if booked in a sole occupancy room. Full balance due 14 weeks prior to departure date, as confirmed on your Regent invoice once booked.

Accommodation (ask in store for further details)

4* Casa Andina Premium Minaflores
4* Casa Andina Premium Sacred Valley
5* Inkaterra Machu Picchu Pueblo
4* Casa Andina Premium Cuzco
5* Libertador Lake Titicaca
5* Hotel Europa
5* Alvear Art Hotel
4* Melia Iguacu Hotel
4* Windsor California

LIMA, PERU
SACRED VALLEY, PERU
MACHU PICCHU, PERU
CUZCO, PERU
LAKE TITICACA, PERU
LA PAZ, BOLIVIA
BUENOS AIRES, ARGENTINA
IGUACU FALLS, ARGENTINA
RIO DE JANEIRO, BRAZIL

**Competitive-rate Travel Insurance
& Commission-free Currency
available in store**

IMPORTANT INFORMATION

This holiday is not suitable for people with mobility issues, due to the busy nature of the itinerary advertised. Various transport including boats & coaches will be used. Terrain is not guaranteed to be flat or even, especially at ancient sites. All special requests including room, health & dietary requests must be made at time of booking. Regent must be informed if health declines over the booking period. Yellow Fever precautions are advised - a vaccination certificate is required if travelling from a Yellow Fever infected country. Altitude sickness can occur at altitudes above 2,500 metres. Please ask in store for further information. We recommend that you see your local GP or health advisor prior to travel for advice on current health precautions and vaccines. Optional excursions advertised are at additional expense. When travelling to Machu Picchu, you must take a smaller overnight bag and leave the bulk of your luggage in Cuzco, due to baggage restrictions on PeruRail trains. A full & valid British Passport is required for this departure, which must have 6 months validity after your return date. Visas are required to enter South America, fees to enter Iguacu National Park are payable locally (approx. £13pp) and Brazil applies hotel taxes (approx. \$5 per person per night), all of which are at own additional expense. **Details of above information will be confirmed at a Pre-Tour meeting 3 months before travel.**

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